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## Dear Liz

I hope you are well and having a good week, the sun is shining and it's very close to half term, phew!!

Visiting a few schools over the past couple of weeks and speaking to students it's interesting to talk to a few (Y6 and 7) who are experimenting with ChatGPT in quite innovative ways, e.g. writing poems for Xmas cards, creating code to do complex tasks, writing bots and more. Have you heard anything innovative from your students?

A few updates for you this week, the most important of which is the first one from the Internet Watch Foundation. We know that figures would be going up but the scale is hugely concerning. Please ensure all staff are aware of this and if necessary have a talk during a staff meeting to re-iterate key messages and emphasise the importance of reporting to the safeguarding lead if there are any concerns.

## Updates

- CSA Imagery - 1,058% increase since 2019 (7-10 year olds).
- KS1 - Hanni and the Magic Window.
- Fake accounts - schools and school staff.
- What is digital resilience?
- Foster carers - trust, don't combust.

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### CSA Imagery - 1,058% Increase Since 2019 (7-10 year olds)

The Internet Watch Foundation has released new figures for 2022 in relation to confirmed reports of CSA imagery containing 7-10 year old children showing a 129% increase from 2021 and 1,058% increase since 2019. Remember that one report can contain 1,000's of images. This shows that we are only just starting to get an understanding of the devastating effects from the lockdown period. Although referred to as imagery, this doesn't necessarily mean photographic images, a significant amount is known to be live, on-camera, where the live stream is recorded by offenders and shared.

A lot of emphasis lately from government and others is being put on the Online Safety Bill. Whilst I hope this will have a significant impact, the fact remains that with an increasing emphasis on end-to-end encryption by companies (same as WhatsApp) where illegal activity such as this cannot be detected, education and awareness are the only effective tools we have available.

You can find the IWF report [HERE](#) (which I am assuming is a pre-release from their annual report due some time in February) and there is a BBC article [HERE](#).

### KS1 - Hanni and the Magic Window

Newer resources for younger children tend to be few and far between, so I'm really pleased to be able to share this great little story from Childnet for KS1 children. The link will take you to a YouTube video where the book, Hanni and the Window is read to children, the Magic Window being used as an analogy for a computer screen. The YouTube link is [HERE](#).

### Fake Accounts - Schools and School Staff

The concerns of students creating fake accounts in the name of a school or person in the school sadly continues. This can be really frustrating for schools for a number of reasons: usually impossible to find out who created the account (and therefore remove it), responses from companies are hit and miss to say the least. SWGfL have

created a really useful article containing some helpful tips and although it is a little over a year old, it is as important now as it was then. You can find the article [HERE](#).

## What is Digital Resilience?

Digital resilience is the ability to "learn how to recognise, manage, recover and grow following experiencing online risks". It's a tricky one to talk about, particularly with parents when explaining the balance to managing a child's online activity. That balance will be different for different parents and ultimately comes down to their parenting style, how involved they are with their children, their own knowledge, experience, age of the child and much more. Studies into digital resilience are few and far between however there has been a new study which I think you may find interesting [HERE](#) which specifically considers digital resilience for 8 to 12 year olds.

## Foster Carers - Trust, Don't Combust

It has been acknowledged for many years that offline vulnerabilities equate significantly to online vulnerabilities. A recent study by my good friend Adrienne Katz and others was specifically related to foster carers and the children in their care looking at the role of trust, relationship building, over-reacting and much more. The outcome of this incredibly useful study was the creation and release of free training resources for foster carers specifically in relation to 'online'. [THIS](#) article will be useful for you and any foster carers you know.

## Online Safety Training

As well as in-school training (staff, students, parents) and virtual (Zoom/Teams) I also offer cost-effective pre-recorded video training as follows (each purchase includes a 12 month licence to use as many times as you wish within your setting):

**STAFF INSET** - There is a primary version plus a secondary/college version, the most recent videos were updated recorded at the end of August 2022 to make sure they're right up to date. They take staff through the risk basics (content, contact, conduct and commerce), the spaces that children occupy online (games, YouTube and social media) plus the latest risks and issues with supporting advice and guidance. The video can be streamed or downloaded to the school network.

If you would like to see a sampler video you can access the 4-minute introduction [HERE](#).

**Cost:** £95.00 plus VAT (cost per school, not per person) for a 12 month licence. For Multi-Academy Trusts or if purchasing for a number of schools, discounts are available. Just email me and let me know how many schools you would like to purchase for.

**GOVERNORS/TRUSTEES** - This video, recorded in Aug 2022, is similar to the staff video but from a governance context. Lasting for 50 minutes it covers what online safety means, the risk categories, the online lives of children/young people, followed by a few simple questions that governors can consider with advice and guidance.

**Cost:** £95.00 plus VAT (cost per school, not per person) for a 12 month licence. For Multi-Academy Trusts or if purchasing for a number of schools, discounts are available. Just email me and let me know how many schools you would like to purchase for.

**PARENTS** - The days of parents online safety evenings were often a struggle to get parents to attend, so I have created a series of videos for parents. On purchase, I will send you a MS Word document. This document contains the text, supporting links and video links for 7 emails (or other school communication) which you just need to copy, paste and send out to parents at a frequency of your choice (e.g. one a week). You are also welcome to add your own text.

**Cost:** £149.00 plus VAT (cost per school, not per person) for a 12 month licence. For Multi-Academy Trusts or if purchasing for a number of schools, discounts are available. Just email me and let me know how many schools you would like to purchase for.

**SECONDARY STUDENTS** - This is a series of 10 videos, each of which are short (between 8 and 12 minutes) covering a range of different topics. These are ideal for showing in assembly to promote further classroom

discussion/debate or within the classroom to go deeper into the topic. You will be able to download these videos for future use, or even use for virtual learning by sharing the link with students. The cost is £179 (plus VAT) for all the videos, not each. Full details and a sample video can be found [HERE](#).

Best wishes,

Alan Mackenzie  
01522 25 30 88

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