



The Mental Health Support Team



The Mental Health Support Teams (MHST) provide mental health and emotional wellbeing support for children and young people aged 5 to 18 in selected Lincolnshire schools or those not currently enrolled in education.



If you are worried about your young person's mental health or emotional wellbeing we recommend talking to your school's mental health lead for advice, alternatively you can contact the Here4You line to speak to a practitioner who will talk through the problems your child is facing and explore if any of our services may be able to help.

SCAN FOR MHST
WEBSITE



SCAN FOR MHST
PODCAST



The 'Here 4 You' Advice Line 0800 234 6342 is open to young people, families, and professionals.